



ANNOUNCING

2023 Skate By The Sea

August 26, 2023 8am-4pm

Sponsored by the *La Jolla Figure Skating Club*.....Sanctioned by US Figure Skating

Event to be held at the UTC Ice Sports Center, University Towne Centre
4545 La Jolla Village Drive San Diego, CA 92122
www.LaJollaFSC.com

ENTRY DEADLINE: August 4, 2023 at 11:59pm PDT
(August 5, 2023 at 2:59am EDT)

Entries will only be accepted **online via EMS**

Entries may close earlier if ice time fills

For further information contact:

Co-Chair:
Carylyn Landt

Chief Referee:
Carylyn Landt

Co-Chair/Registrar:
Idoia Subinas
secretary@lajollafsc.com



The 2023 Skate By The Sea Compete USA Championships will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

The competition is open to ALL skaters who are current members of either Learn to Skate USA and/or those who are full members of U.S. Figure Skating. Members of other organizations are eligible to compete but must be a current registered member of Learn to Skate USA or a full member of U.S. Figure Skating. There will be no more than six competitors maximum in an event, and all six will receive an award.

SOUTHERN CALIFORNIA INTERCLUB SERIES INFORMATION: Skate By The Sea is part of the Southern California Invitational Series. All Skaters in Pre-Preliminary, Preliminary, Adult Pre-Bronze or Bronze Free Skate events earn points which could earn them an invitation to the Series Final in September. Visit the Southern California Inter-Club website for more information - <http://www.socalinterclub.org>

Entry Restrictions for 2023 due to limited ice time:

- Entries will be monitored and close when we run out of ice time
- Additional entries may be accepted if additional ice time is available
- If needed, a waitlist will be maintained by the Registrar. To get on the waitlist skaters must send an email with the following information
 - To secretary@lajollafsc.com
 - Skaters Name & Club
 - Event requested – example: showcase or freeskate
 - Level requested – example: Pre-Preliminary Boy's
 - Coach's name

[2022-23 Compete USA Competition Manual](#)

ELIGIBILITY/TEST LEVEL:

Eligibility will be based on skill level as of closing date of entries.

All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher, and NO official U.S. Figure Skating tests may have been passed, including moves in the field or individual dances.

For the Pre-Free Skate, Free Skate 1-6, levels, eligibility will be based only upon highest badge level or free skate test level passed.

Skaters may skate at highest level passed OR one level higher but not both levels in the same event during the same competition.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee (LOC) discovers that a skater has been placed in a category below his/her badge or test level, the chair and referee will have the option to move the skater into the proper level, even if it is the day of the competition. This will ensure that every event is as fair as possible to the competitors. **It is an ethical violation for coaches to sandbag an event.**

Groups General:

- Skaters entering Excel Beginner, Excel High Beginner & No Test events will be divided as closely as possible by age should the number of entries warrant more than one group.
- If there are not enough entries to hold an event, boys and girls **will** compete against each other in all levels offered at this competition.
- Showcase disciplines (Light/Dramatic) may be combined

ENTRIES:

All entries must be submitted online via [EMS](#).

Entry Deadline: **Midnight PDT on Friday, August 4, 2023** (August 5, 2023 @ 2:59am EDT).

Late Entry Deadline: **Midnight PDT on Wed., August 9, 2023** (August 10, 2023 @ 2:59 am EDT) with a **\$25.00 Late Entry Fee**

Fees: *online processing fees are additional and are NOT refundable*

Events:	Judging	1st Event	2nd Event
Well Balance Free Skate 6.0: No Test – Preliminary	6.0	\$85	
Excel Free Skate 6.0: Beginner – Preliminary Plus	6.0	\$85	
Compete USA w Music:			
Snowplow Sam – Basic 6	6.0	\$85	
Pre-Free Skate – Free Skate 6	6.0	\$85	
Showcase;			
Basic 1- Basic 6 & Pre-Free-Skate - Free Skate 6	6.0	\$85	\$40
Beginner – Preliminary	6.0	\$85	\$40

The 6.0 Majority Judging System will be used for ALL events.

OUR COMMUNITY:

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

NON-DISCRIMINATION:

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating's SkateSafe® Program received, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the most current [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (GR 1.01) and Code of Conduct (GR 1.02), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit www.USFigureSkating.org/SkateSafe or email SkateSafe@USFigureSkating.org.

SKATESAFE COMPLIANCE:

For full details about SkateSafe compliance at U.S. Figure Skating competitions, refer to the U.S. Figure Skating SkateSafe webpage: www.usfigureskating.org/skatesafe.

INFORMATION REGARDING COACHES:

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into three categories, Coach/Choreographer, Learn to Skate USA Instructor, or Foreign Coach/Choreographer. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

MUSIC:

Online music submission via EMS is the **ONLY** acceptable method to submit program music.

EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

Deadline for uploading music is Friday, August 18, 2023 11:59pm PDT (August 19 ,2023 2:59am EDT)- \$15 late fee.

Competitors must also bring a copy of their competition music on a phone (skater/coach must provide appropriate adaptor) as a backup in case of technical difficulties and said phone must be available rink side during the competition.

REFUND POLICY: Entry fees will not be refunded after **August 4, 2023** unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. E-checks returned for non-sufficient funds and contested credit card charges will be issued a **\$25.00 fee**. Payment of this fee will be required before the skater is allowed to participate in the competition.

LIABILITY: U.S. Figure Skating, Learn to Skate USA, La Jolla Figure Skating Club, and UTC Ice accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

ONSITE REGISTRATION: The registration table will be open on Saturday, August 26 from one hour before the first event and run through the last event of the day. The registration table will be located outside the building near the Bark Park.

AWARDS: Awards will be given to skaters finishing in 1st-6th place in all events.

OFFICIAL NOTICES: Check our website – www.lajollafsc.com – often for updates

PRACTICE ICE: No official practice ice will be offered through the club. If time allows after the schedule is set, the rink, UTC Ice, may set up a limited number of practice ice sessions. Otherwise, UTC Ice has regularly scheduled freestyle sessions on Saturday mornings. Please check their website (www.utcice.com) for times and payment.

PHOTOGRAPHY/VIDEOGRAPHY: Photography and Video, if vendors are available, will be available for purchase. TBD if sales will be on site or online - ONLY.

Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited.

FACILITIES: The UTC Ice Sports Center is indoors, located in a mall with an overlooking food pavilion. The ice surface measures 185' x 85' with slightly rounded corners. The rink is conveniently located within the Dining Terrace of the University Towne Center Mall.

LOCKER ROOMS: Locker rooms and changing areas will not be available at this competition. All athletes are expected to arrive at the arena ready (costumes, hair, make-up etc.). Athletes will be provided with an area to put skates on but changing will not be permitted in these spaces.

U.S. FIGURE SKATING TRAVEL POLICY:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe Handbook](#).

PARKING:

Westfield UTC charges for parking. Parking tickets can be validated at the UTC Ice Sports rink for up to 4 free hours of parking. After the 4 hours the cost is \$2/hour. Please bring your parking ticket with you to the Registration Desk.

CONTACT INFO: If you have questions, please contact:

Co-Chair:

Carylyn Landt

Chief Referee:

Carylyn Landt
clandt@ucsd.edu

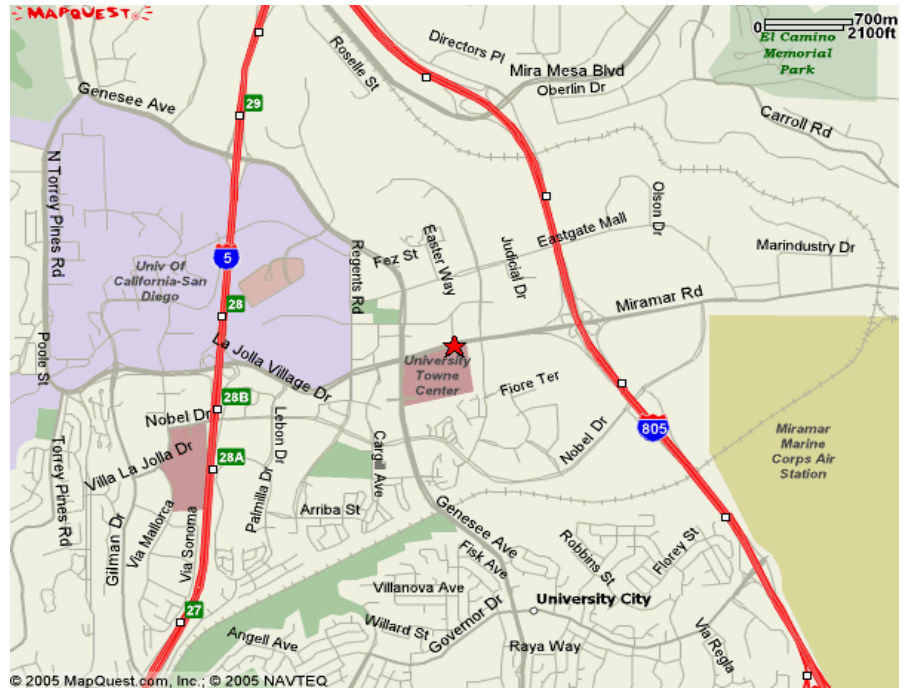
Registrar:

Idoia Subinas
858-242-9339
secretary@lajollafsc.com

ADDITIONAL INFORMATION:

***Directions to UTC Ice Sports Center:**

- Take I-5 South to 805 South
- To La Jolla Village Drive – Exit West/Right
- To Towne Centre Drive – Turn Left
- Turn Right into Shopping Center (2nd Driveway)
- UTC Ice is located below the dining terrace





U.S. Figure Skating Non-qualifying Competition

Event: Snowplow Sam – Basic 6 Program with Music

General event parameters:

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.
- To be skated on full ice with music
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level.
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- Snowplow Sam will be divided by level 1-4 if registration warrants.

[2022-23 Snowplow Sam – Basic 6 Program w Music Requirements](#)



U.S. Figure Skating Non-qualifying Competition

Event: Pre-Free Skate – Free Skate 1-6 Program with Music

General event parameters:

- The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.
- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- A 0.2 deduction will be taken for each element performed from a higher level

[2022-23 Pre-Free Skate – Free Skate 1-6 Requirements](#)

EVENT: Well Balanced Program Free Skate - Singles

General event parameters: Skaters may not enter both a Well Balanced Free Skate event and an Excel Program event at the same non-qualifying competition.

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

- A. Preliminary Free Skate Program – Rule 6470
- B. Pre-Preliminary Free Skate Program – Rule 6480
- C. No Test (a.k.a. Surfer) Free Skate Program – Rule 6490

[2023-24 Well Balanced Free Skate Requirements](#)

EVENT: 2022-2023 Excel Free Skate

General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed at the close of entries. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.

For events run as 6.0, the following deductions will be taken:

- 0.1 from each mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element included.
- 0.1 from the technical mark for any spin that is less than the required minimum revolutions

- A. Excel High Beginner (a.k.a. Star Fish)
- B. Excel Beginner (a.k.a. Sand Castles)
- C. Excel Pre-Preliminary
- D. Excel Preliminary
- E. Excel Preliminary Plus

[2022-23 Excel Free Skate Requirements](#)



U.S. Figure Skating Non-qualifying Competition

EVENT: Showcase Events –

- **Light Entertainment Events**

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.

- **Dramatic Entertainment Events**

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions.

- **Duet Events –**

General event parameters:

1. Level will be determined by the highest free skate **or** dance (solo or partnered) test passed. Skaters must enter the same level as their free skate event. If a free skate event is not being entered, skaters must enter at their current test level or one level higher.
2. Current guidelines and procedures for non-qualifying showcase competitions can be found at www.usfigureskating.org.
3. Showcase disciplines (Light & Dramatic) maybe combined at the discretion of the referee.
4. Depending on the number of entries, boys and girls may compete against each other in Showcase events.

Costumes: Costuming and make-up for showcase skating programs should enhance the feeling created by the performance and reflect the meaning of the story, theme, or character portrayed on the ice. The clothing of the competitors must be dignified and appropriate for artistic competition. The clothing may be theatrical in design and reflect the chosen music. Costume rules for Singles/Pairs/Dance/Synchro/TOI programs do not apply for showcase skating. Wearable Inflatable costumes are not permitted in any solo, duet/trio, interpretive event. In the event a skater performs with a wearable inflatable costume in aforementioned event, the skater may be disqualified

Judging: Performances will be judged from an entertainment standpoint for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious loss of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. The 6.0 judging system will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

[2022-23 Showcase Requirements](#)