



## **ANNOUNCING**

# **2022 Skate By The Sea**

**August 27, 2022 8am-4pm**

Sponsored by the *La Jolla Figure Skating Club*.....Sanctioned by US Figure Skating

Event to be held at the UTC Ice Sports Center, University Towne Centre  
4545 La Jolla Village Drive San Diego, CA 92122  
[www.LaJollaFSC.com](http://www.LaJollaFSC.com)

**ENTRY DEADLINE:** August 12, 2022 at 11:59pm PDT  
(August 13, 2022 at 2:59am EDT)

Entries will only be accepted **online via EMS**

**Entries may close earlier if ice time fills**

### ***For further information contact:***

**Co-Chair:**  
Carylyn Landt

**Chief Referee:**  
Carylyn Landt

**Co-Chair/Registrar:**  
Idoia Subinas  
[secretary@lajollafsc.com](mailto:secretary@lajollafsc.com)



## COVID-19 EVENT POLICIES:

As of March 15, 2022 – Masks are NO longer required at US Figure Skating sanctioned event.

Any other policies mandated by the State of California, the County of San Diego, Westfield or UTC Ice Sports Center will be posted online and updated prior to the competition.

### Entry Restrictions for 2022 due to limited ice time:

- Entries will be monitored and close when we run out of ice time
- Additional entries may be accepted if additional ice time is available
- IF needed, a waitlist will be maintained by the Registrar. To get on the waitlist skaters must send an email with the following information
  - To [secretary@lajollafsc.com](mailto:secretary@lajollafsc.com)
  - Skaters Name & Club
  - Event requested – example: showcase or freeskate
  - Level requested – example: Pre-Preliminary Boy's
  - Coach's name

**Failure by Skaters, Coaches or Chaperones to follow COVID protocols will result in disqualification from the competition and forfeiture of entry fees**

### COVID-19 INFORMATION:

- **Social distancing is recommended and encouraged at all times.** The CDC recommends a distance of 6 feet and separate pathways will be established within the venue (minimizing crossover and contamination).
- **Spectators:** Due to limited space, Max of 6 spectators per skater will be allowed within the Rink Area. Spectators will be allowed into the Rink Area 20minutes before their skaters event. There is limited seating outside the Rink Area in the Mall. Additional viewing space is available upstairs in the Dining Terrace area.
- **Chaperones:** Athletes 17 and under will be permitted ONE chaperone who counts as one of the skaters 4 spectators.
- **Coaches:** Each Skater will be allowed a maximum of 1 coach per event/program.
- **U.S. Figure Skating Waivers are required for ALL athletes.** The online waivers are included in EMS and must be completed in order to finish the registration process.
- **Locker Rooms/Changing Rooms:** There will be **NO** locker rooms or changing rooms available in the Rink Area. Skaters must plan to arrive at the Rink Area with costumes on and hair & make up done. The Rink Area will be for putting on skates ONLY.



The 2022 Skate By The Sea Compete USA Championships will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

The competition is open to ALL skaters who are current members of either Learn to Skate USA and/or those who are full members of U.S. Figure Skating. Members of other organizations are eligible to compete but must be a current registered member of Learn to Skate USA or a full member of U.S. Figure Skating. There will be no more than six competitors maximum in an event, and all six will receive an award.

## [2021-22 Compete USA Competition Manual](#)

### **ELIGIBILITY/TEST LEVEL:**

Eligibility will be based on skill level as of closing date of entries.

All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher, and NO official U.S. Figure Skating tests may have been passed, including moves in the field or individual dances.

For the Pre-Free Skate, Free Skate 1-6, Excel Beginner & High Beginner, & No Test Well-balanced levels, eligibility will be based only upon highest badge level or free skate test level passed.

Moves in the field test level will not determine a skater's competitive level. Skaters may skate at highest level passed OR one level higher but not both levels in the same event during the same competition.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee (LOC) discovers that a skater has been placed in a category below his/her badge or test level, the chair and referee will have the option to move the skater into the proper level, even if it is the day of the competition. This will ensure that every event is as fair as possible to the competitors. **It is an ethical violation for coaches to sandbag an event.**

### **Groups General:**

- Skaters entering Sandcastle (Excel Beginner), Starfish (Excel High Beginner) & Surfer (No Test) events will be divided as closely as possible by age should the number of entries warrant more than one group.
- If there are not enough entries to hold an event, boys and girls may compete against each other in all levels offered at this competition.
- Showcase disciplines (Light/Dramatic) may be combined

**ENTRIES:**

All entries must be submitted online via [EMS](#) by: **11:59pm PDT on August 12, 2022 (August 13, 2022 2:59am EDT)**

**Due to COVID and the need for extra planning - Late Entries must be approved by the Chief Referee & will be on a space available basis only.** No entries will be accepted after August 18, 2022.

**Fees: *online processing fees are additional and are NOT refundable***

<b>Events</b>	<b>\$</b>
Well Balance Free Skate 6.0: No Test – Preliminary	\$80
Excel Free Skate 6.0: Beginner – Preliminary Plus	\$80
<b>Compete USA w Music:</b>	
Snowplow Sam – Basic 6 & Pre-Free Skate – Free Skate 6	\$80
<b>Showcase::</b>	\$80
Basic 1- Basic 6 & Pre-Free-Skate - Free Skate 6	\$80
Beginner – Preliminary	\$80

**REFUND POLICY:** Entry fees will not be refunded after **August 12, 2022** unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. E-checks returned for non-sufficient funds and contested credit card charges will be issued a **\$25.00 fee**. Payment of the fee will be required before the skater is allowed to participate in the competition.

**LIABILITY:** U.S. Figure Skating, La Jolla Figure Skating Club, and UTC Ice accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**JUDGING SYSTEM:**

**The 6.0 Majority Judging System will be used for ALL events.**

**AWARDS:** Awards will be given to skaters finishing in 1<sup>st</sup>-6<sup>th</sup> place in all events.

**REGISTRATION:** Registration will begin Saturday, August 27 and end Saturday, August 27. Registration will be open one hour before the first event and run through the last event of the day. The registration table will be located outside the building near the Bark Park. Please register at your designated time in the detailed schedule posted online.

**OFFICIAL NOTICES:** Check our website – [www.lajollafsc.com](http://www.lajollafsc.com) – often for updates

## **MUSIC:**

Online music submission via EMS is the **ONLY** acceptable method to submit program music.

**EMS SKATER MUSIC UPLOAD HOW TO:** [CLICK HERE](#)

**If you need assistance, email [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org)**

**Deadline for uploading music is Friday, August 20, 2022 11:59pm PDT (August 21 ,2022 2:59am EDT)- \$10 late fee.**

## **MUSIC CRITERIA:**

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
  - This will be verified by the music chair and they may request you upload a corrected file.
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD or a phone (skater/coach must provide appropriate connectors if using phone) as a backup in case of technical difficulties and must be available rink side during the competition.

**PRACTICE ICE:** No official practice ice will be offered through the club. If time allows after the schedule is set, the rink may set up a limited number of practice ice sessions. Otherwise, UTC Ice has regularly scheduled freestyle sessions on Saturday mornings. Please check their website ([www.utice.com](http://www.utice.com)) for times and payment.

**PHOTOGRAPHY/VIDEOGRAPHY:** Photography and Video, if vendors are available, will be available for purchase. TBD if sales will on site or online - ONLY.

**Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited.**

**FACILITIES:** The UTC Ice Sports Center is indoors, located in a mall with an overlooking food pavilion. The ice surface measures 185' x 85' with slightly rounded corners. The rink is conveniently located within the Dining Terrace of the University Towne Center Mall.

## **INFORMATION REGARDING COACHES:**

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and be verified by U.S. Figure Skating:

### Coach/Choreographer (domestic/non-foreign):

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. \*
  - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. \*
  - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the [Professional Skaters Association \(PSA\)](#).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics. \*
- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. \*
- ✓ If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the [Professional Skaters Association \(PSA\)](#).

### Learn to Skate USA Coach:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. \*
  - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. \*
  - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliance coach (details above)

\* Accessible via U.S. Figure Skating Members Only Website:

[www.usfsaonline.org](http://www.usfsaonline.org) → Person Icon  or Account → Member Profile → Compliance

### Foreign Coach/Choreographer:

- ✓ Required to present the LOC with a letter from their federation verifying they are a member in good standing.

For more information regarding Coach Compliance, please visit the [Coach Compliance](#) page.

**CONTACT INFO:** If you have questions, please contact:

#### **Co-Chair:**

Carylyn Landt

#### **Chief Referee:**

Carylyn Landt  
[clandt@ucsd.edu](mailto:clandt@ucsd.edu)

#### **Registrar:**

Idoia Subinas  
858-242-9339  
[secretary@lajollafsc.com](mailto:secretary@lajollafsc.com)

## **PARKING:**

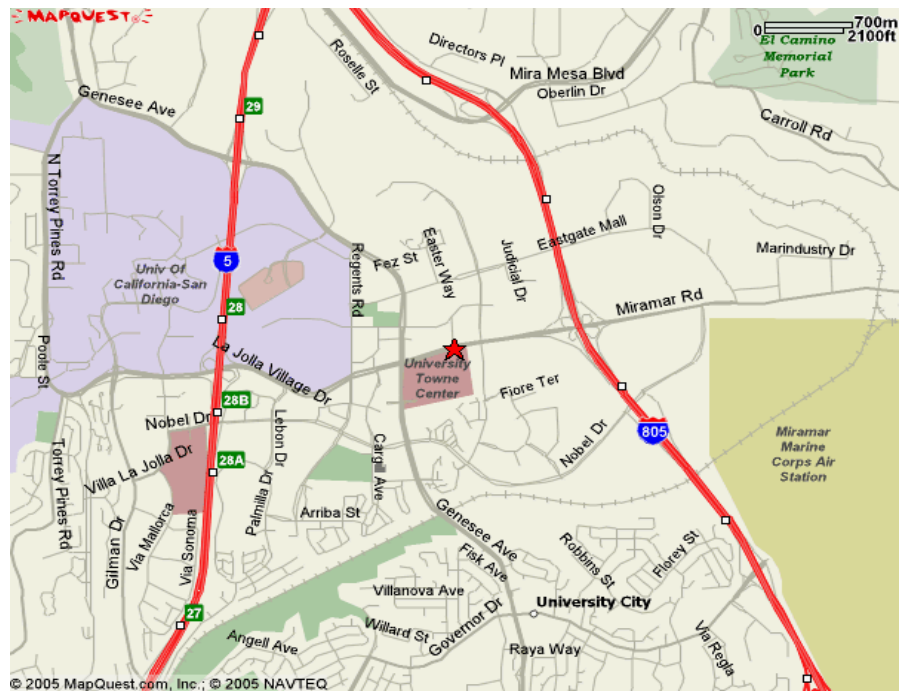
Westfield UTC charges for parking. Parking tickets can be validated at the UTC Ice Sports rink for up to 4 free hours of parking. After the 4 hours the cost is \$2/hour. Please bring your parking ticket with you to the Registration Desk.

## **ADDITIONAL INFORMATION:**

**\*Accommodations:** Please check our website at [www.LaJollaFSC.com](http://www.LaJollaFSC.com) for hotel information, any additional information and updates.

### **\*Directions to UTC Ice Sports Center:**

- Take I-5 South to 805 South
- To La Jolla Village Drive – Exit West/Right
- To Towne Centre Drive – Turn Left
- Turn Right into Shopping Center (2<sup>nd</sup> Driveway)
- UTC Ice is located below the dining terrace





## U.S. Figure Skating Non-qualifying Competition

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### Event: Snowplow Sam – Basic 6 Program with Music

General event parameters:

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.
- To be skated on full ice with music
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level.
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- Snowplow Sam will be divided by level 1-4 if registration warrants.

[2021-22 Snowplow Sam – Basic 6 Program w Music Requirements](#)



## U.S. Figure Skating Non-qualifying Competition

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### Event: Pre-Free Skate – Free Skate 1-6 Program with Music

General event parameters:

- The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.
- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- A 0.2 deduction will be taken for each element performed from a higher level

[2021-22 Pre-Free Skate – Free Skate 1-6 Requirements](#)



## **EVENT:** Well Balanced Program Free Skate - Singles

General event parameters: Skaters may not enter both a Well Balanced Free Skate event and an Excel Program event at the same non-qualifying competition.

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

- A. Preliminary Free Skate Program – Rule 6470
- B. Pre-Preliminary Free Skate Program – Rule 6480
- C. No Test (a.k.a. Surfer) Free Skate Program – Rule 6490

[2022-23 Well Balanced Free Skate Requirements](#)

## **EVENT:** 2021-2022 Excel Free Skate

General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed at the close of entries. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.

For events run as 6.0, the following deductions will be taken:

- 0.1 from each mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element included.
- 0.1 from the technical mark for any spin that is less than the required minimum revolutions

- A. Excel High Beginner (a.k.a. Star Fish)
- B. Excel Beginner (a.k.a. Sand Castles)
- C. Excel Pre-Preliminary
- D. Excel Preliminary
- E. Excel Preliminary Plus

[2021-22 Excel Free Skate Requirements](#)



## U.S. Figure Skating Non-qualifying Competition

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**EVENT:** Showcase Events –

- **Light Entertainment Events**

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.

- **Dramatic Entertainment Events**

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions.

- **Duet Events –**

**General event parameters:**

1. Level will be determined by the highest free skate **or** dance (solo or partnered) test passed. Skaters must enter the same level as their free skate event. If a free skate event is not being entered, skaters must enter at their current test level or one level higher.
2. Current guidelines and procedures for non-qualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org).
3. Showcase disciplines (Light & Dramatic) maybe combined at the discretion of the referee.
4. Depending on the number of entries, boys and girls may compete against each other in Showcase events.

**Costumes:** Show costumes are permitted if they do not touch or drag on the ice. Costuming and make up for showcase programs should enhance the feeling created by the performance and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. **No** bobby pins, feathers, hair accessories or anything else that may fall to the ice and be hazardous to the skaters are allowed. (a 0.1 deduction will be taken).

**Judging:** Performances will be judged from an entertainment standpoint for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious loss of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. The 6.0 judging system will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

### [2021-22 Showcase Requirements](#)